

SPRING 19
ISSUE 62

CHALGRAVE NEWS

Celebrating Chalgrave

DATES FOR YOUR DIARY

Day/Date	Event	Location/Contact	Time
Third Tuesday of each month	Parish Council Meeting	Memorial Hall	7.30 pm
Every other Sunday	Quiz Night	The Plough	8.00 pm
Mondays	Dominoes	The Plough	
Weekdays	Book Club	Noeleen Thompson	
Second Tuesday of each month	W.I.	Memorial Hall	8–10 pm
Fourth Thursday of each month	W.I. Book Club	Members' Homes and sometimes the Pub	8pm
Every Thursday	Parish Ukes	Queen's Head	7-8.30pm
Saturday 8 June	Chalgrave Open Gardens	Tebworth and Wingfield	1pm-5pm
Saturday 22 June	A tribute to Lyn Green	Queen's Head	TBA
Sunday 6 July	Chalgrave Games	Memorial Hall	From 1pm
Sunday 14 July	Vintage Car Show	The Plough	All day

Thank you to Zebby, from The Grand Chapel, who looks very handsome on the front cover.

Deadline for next edition: 15 June

Please send all entries to
thechalgravenews@gmail.com

The Chalgrave News team produces the Chalgrave News in good faith and we do all we can to ensure that no offence is caused to any individual or organisation. We also reserve the right not to publish articles and contributions submitted to us if they do not comply with our policy.

A brief message from the editorial team

We start this editorial with the very sad news of the death of Lyn Green on Monday 1 April. Lyn has been a huge part of our village and was very well known to almost everyone in Tebworth and Wingfield. Her contribution to our parish has been invaluable and she had a natural ability to bring people together, always welcoming and introducing new comers. A generation of children have wonderful memories of her running the post office and buying sweets after school. Our thoughts are with Ken and all the family. See the flyer enclosed with this magazine.

Spring has tempted us with a few nice days and the snowdrops were amazing this year. The birds are a bit confused, to nest or not to nest? The dawn chorus is building up now and it is wonderful to stand outside in the early morning and just listen. Frost on the ground every morning this week as we write this, will have put a temporary stop to their nest building .

Still the Brexit debacle goes on and we all wonder what will become of our politicians and the way our politics will appear after all this is over.

News that Central Beds are planning a new road to link the A6 with Junction 11A has been announced this week. The road will be 2.75 miles long providing a bypass for Luton on the north side and will have a mixture of single and double lanes with a speed limit of 50mph. If approved work could start in 2020. This will no doubt bring more development for houses and industrial estates along the way. More on page 38.

We “held up” the printing of the magazine to include a report of the parish assembly on 18 April. See pages 33 & 34.

Finally, we have included a fitting tribute and reflection by Mark Edwynn on the life of his father Colin who died towards the end of last year. What a guy !



CHAIRMAN OF THE PARISH COUNCIL

From the Parish Council.....

Lyn Green. We were all saddened by the news of Lyn. She has always been very involved in our community and community events - and for those that have been in the Parish for many years will remember Lyn running the Post Office and shop in Tebworth. She will be missed. Our condolences go to Ken and family.



Highways. In 2017 we raised the issue with Highways about what we considered were the dangerous road markings on the roundabout at the bottom of Lords Hill. You will be aware that that there have been a number of accidents on the roundabout They told us that they were going to review and change the markings in 2018. When nothing happened in 2018 we contacted them again and we were told that their original response was inaccurate and misleading. They have now said that there will be a review this year! We are pushing them to move quickly and make the much-needed changes.

Fly Tipping. We are concerned about this problem in our Parish. Cllr. Paul Whitton does a great job tracking down the owners of the rubbish and his work has led to prosecutions. Paul and I will be meeting Houghton Regis Town Council to discuss a combined strategy.

Parking. Again, a plea to be considerate when parking, particularly at the junction of Wingfield Road and Toddington Road and down The Lane.

Crime. Please report any crime, no matter how small, to the Police. Statistics are used to manage policing in our Parish. Cllr. Kevin Ludgate is our police liaison councillor.

Planning. All planning applications come to the attention of the Parish Council, although Central Beds does have a habit of sending them through to Chalton instead of Chalgrave. Cllr Debbie Levy spends time looking into all applications and has built a good relationship with the CBC planning department.

Emergency Plan. We have an Emergency Plan for the Parish should there be some event like a power outage or bad weather. We are grateful to Barbara Jackson for

CHAIRMAN OF THE PARISH COUNCIL

putting this together with Cllr. Debbie Levy. If there is an event that has an impact on the Parish and you need help, the contacts are on the page of contacts in this magazine.

Great Pond. The ownership dispute between the Parish Council and the resident living next door to The Great Pond has now been resolved. Unfortunately, the community has lost ownership of part of the Pond. The matter has taken a lot of our time and energy over the past three years. As stated before, we thought the concern of the resident was about privacy and so we spent much time negotiating around this issue. Ultimately it became clear in documents presented to the Tribunal that this was about ownership. Thanks to Cllr. Peter Warburton and Cllr. Paul Whitton for all their work in closing this matter.

Election. There will be an election at the beginning of May for the Parish Council. There is an election because there are seven places on the Council, and we have ten nominations. The current Councillors are all standing again.

Awards. We need nominations for the Millennium Youth Award and Community Award. The Youth Award is for under 18's – for an achievement. The Community Award is for 18 and over for service to the community. If you can nominate somebody please contact Lesley Smith, the Clerk, or any of the Council.

Phil Parry
Chair



THE QUEENS HEAD, TEBWORTH

Well, four months have now flown by since I made the relatively short migration south to experience the joys of running the only pub in the village of Tebworth, and what a baptism of fire that has been, oh the idiosyncrasies of village life.

To be fair, I have been a little sad that my immense hospitality skills are such that villagers have had to find alternative drinking establishments as far away as Devon.!

Discussions of both politics and religion are still banned in the pub, along with the “B” and “K” words, though constructive criticisms of my land lording skills are more than welcome, and contrary to popular beliefs, locals are welcome in the Queens Head.

We still have our Quiz Nights on alternate Fridays, (see board outside for details), and it has gone from strength to strength over the last few weeks. We have also continued with the hugely popular Joe’s sessions, which takes place every fourth Wednesday. This is definitely my favourite night of the month, closely followed by Thursday nights Ukulele sessions....when it’s cancelled. (Only joking folks).

Finally, thanks to all the lovely regulars that helped me raise nearly £400 for Zoe’s Place, (zoes-place.org.uk), by sponsoring me to run the Coventry Half Marathon. A heartfelt thank you to you all.

Paul Murphy



News to help residents in rural areas.

ANDREW SELOUS MP CALLS FOR RURAL ROAMING TO TACKLE MOBILE BLACKSPOTS

South West Bedfordshire MP Andrew Selous was one of 75 MPs who have written to the Secretary of State, for Digital, Culture, Media and Sport, Jeremy Wright MP, to ask the Government to make a requirement that network operators enable roaming between providers to improve mobile coverage in rural areas.



South West Bedfordshire MP Andrew Selous, said “A lack of co-ordination between the network providers has left many rural areas covered by some but not all the networks. This is hampering economic, educational and leisure opportunities for residents in rural areas and remains a significant brake on growth for the local, regional and national economy. The introduction of roaming services between networks will vastly increase the operational coverage for many of our constituents”.

In some parts of the country, mainly in rural areas, patchy, intermittent coverage means that many people have limited or no access to mobile coverage. Andrew Selous said that he supported the Government’s Strategic Priorities for Ofcom, the telecommunications regulator, which calls on the authority to fully consider the costs and benefits of roaming in rural areas. Whilst Ofcom has agreed that ‘co-operations of operators’ would improve mobile coverage, the MPs are urging the Secretary of State to take it one step further and make it a requirement of network providers to deliver it.

The Government has pledged to ensure that there is mobile coverage to 95% of the UK by 2022 but this will still leave many areas without a workable signal.

How to contact Andrew .

Please either email me on andrew.selous.mp@parliament.uk or write to me – Andrew Selous MP, The House of Commons, London SW1A 0AA or make an appointment to see me in one of my constituency surgeries by telephoning my constituency office on 01582 662 821 to make an appointment.

LOCAL ORGANISATIONS - *Update*

Women's Institute

Our **January** meeting was a yoga session led by one of our members, Amanda Jay. She taught us some useful routines we can do from our office chairs and even included some laughing yoga by special request!

In **February** we heard about recycling with a difference. Sue Drage is passionate about recycling and upcycling and creates things from many of the items most of us just throw away. She makes ingenious creations from old CDs, food tins, ring pulls from cans, magazines etc. These she transforms into handbags, shopping bags, earrings, purses and necklaces.



In 2014 she was asked by the American space agency, NASA, to make an outfit for their rubber chicken mascot, Camilla. Sue knitted the outfit from recycled carrier bags. Sue brought along a wide selection of items she had made including some which were for sale.

In **March** we had a great talk from Hazel Holder about her journey to find her voice within London's theatre land. As a black woman with a speech impediment she struggled to find support at her drama school. Through hard work and determination, she was able to complete her studies including a Masters in Voice



LOCAL ORGANISATIONS - *Update*

from the Central School of Speech and Drama.

She has worked as an actor and singer and more recently as a Voice and Dialect coach for many shows both in London's West End and on Broadway. Recent productions include Little Shop of Horrors at Regent's Park, Pericles at the National and The Convert at the Young Vic.

Women's Institute Book Club

We meet on the **4th Thursday of the month** in the evening. We do have non-WI members so please get in touch if you are interested in joining us, the evenings tend to be lively and informative with lots of discussion that is not related to the book.

Our most recent books are below – all have been well received.

- ◆ January - The Winter's Child by Cassandra Parkin – hosted by Lesley Mead
- ◆ February -The Women in the Window by A J Finn – hosted by Chris McDonagh
- ◆ March - Talking to the Dead by Harry Bingham – hosted by Sandy Ryan

Our next book is How Hard Can It Be by Alison Pearson, Kin Pink is hosting.

Our summer outing is a tour of The Globe Theatre followed by a production of Midsummer Night's Dream.

Guest are welcome to attend up to 3 WI meetings for a fee of £4 per visit.

Debbie Parry – Chalgrave WI President

07770 543797, email Debbie.parry@accenture.com



<https://www.facebook.com/ChalgraveWI/>

Date	Event	Location
Tue-09-Apr	Chocolate talk	CMH
Tue-14-May	Confessions of a male nurse	CMH
Tue-11-Jun	Colin's Cocktails	CMH
Tue-09-Jul	Swishing	CMH
	Holidays	
Tue-10-Sep	Salsa Session	CMH
Tue-08-Oct	Star Gazing session	CMH
Tue-12-Nov	AGM - Nibbles and natter	CMH
Tue-10-Dec	Christmas crafts	CMH

LOCAL ORGANISATIONS - *Update*

The Memorial Hall

The hall has now reached its 20th anniversary and as you will appreciate there are areas where the Trustees need to consider renewal or replacement.

All external guttering and pipe work has now been renewed and this year we will be looking at the internal lighting in the main hall which is definitely reaching its 'sell by' date.

Inevitably as we go through the year other repairs will be required so we are fortunate that the Hall continues to be well used and well supported including our regular bookings of Baby Sensory, Macintyre Homes and Line dancers.

I would like to take this opportunity of thanking all our Trustees for the work they have put in over the last year to ensure the Hall remains our principal parish asset. I would particularly like to take the opportunity to mention John Wojdyla and Jan Day, who have ensured our gardens are looking so good.

Sadly, we have had to say goodbye to three of our Trustees over the last year. Mick McDonagh who with his wife Christine have left the Parish for a new life in Devon, Ed Morton and Andrea Kerr who have resigned for family and work reasons. We wish them all well.

However we do welcome a new Trustee.

Andy Perry from Wingfield Road, Tebworth is joining us which now brings the number of Trustees to 11. Welcome Andy. I think you will find us a fun and friendly team.

If anyone else is interested in joining us then please do give me a ring on 07775 851275.



THE CHALGRAVE GAMES Saturday 6th July

This years' internationally famous **CHALGRAVE GAMES** is to take place at the Memorial Hall on **Saturday the 6th of July**, starting with our popular annual event, **THE DOG SHOW**.

The theme this year is **MAGIC AND MAYHEM** (make of that what you will!) and includes the usual attractions (and distractions) of:

Train rides for the little ones, The BBQ and Burger bar, Beer tent, Cocktail bar and Pimms tent, teas and cakes, Live music, Welly wanging', Egg games, Children's races, Water games, plus others to be announced.

LOCAL ORGANISATIONS - *Update*

New for this year are **QUAD BIKING** and a **CLIMBING WALL**. We're really excited to introduce these big new attractions so **SAVE THE DATE** and be the first to try them out.

We also have our fantastic raffle with the first prize of an iPad, second prize of a Kindle and lots of mystery prizes too. Trustees will be selling tickets door to door a bit closer to the date, so get your purses out, be generous and don't be tempted to hide behind the net curtains.

Let's face it, keeping our Memorial Hall going is getting ever more important when we know how many villages are struggling to keep their communities vibrant.

So, come along and support us if you can.

Tickets are already available from any of the Trustees, The Queens Head and The Plough.

Roger Masters

Chalgrave Sports Club

We are in the process of arranging fixtures for the season. If you fancy a game on Sunday afternoon followed by a beer in the Plough please contact any of the Committee. We are changing the direction of the Club and going for more social cricket where every player gets a chance to bat and bowl.



We are also in the process of preparing the pitch for the season. The container has been moved to its final resting place by the side of the clubhouse. Roger Fenwick is dealing with drainage of the pitch; Nev is doing a great job keeping the Yellow Peril going; he and Mike are keeping the grass under control; the Levy's are keeping the Club organised and Phil is doing a lot of leaning!

We had a very successful, great fun Race Night. Thanks to all who helped including Tori, Nicola, Aidan, JP, Fiona, Lesley, Sharon and the Plough for running the bar.

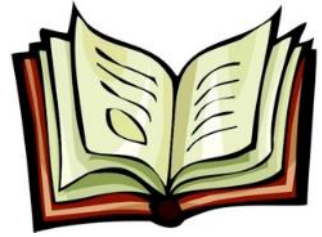
Also, thanks to the sponsors - K and K Pet Foods, WVS, Ed Morton, Pete Harding, LadiesWNWP and Big Dave. We will be arranging another Race Night perhaps later in the year.



Phil Parry/Mike Wells

LOCAL ORGANISATIONS - *Update*

Book Club



In January, the Book Club had its annual post Christmas lunch, this year we went to Fratellis in Woburn and had a great lunch with extremely good food. We started our year reading a book entitled *Unexpected Tales*, an anthology of short stories from OX29 (that being the post code area in West Oxfordshire where the authors came from).

This book comprised several very different short stories, mostly interesting, with a couple of odd ones, but we all thought this was a nice idea as it didn't take long to read one of the stories, put the book down and go back to it anytime without having to pick up a plot again.

The next book we read was a Peter James novel entitled *The House on Cold Hill*. Peter James has had a few of his novels transferred to the stage and this one is currently touring the country. It's a ghostly story of the Harcourt family who move into the house of their dreams that has been empty for 40 years. However, their dream home quickly turns into the stuff of nightmares as they begin to wonder whether they may not be the only residents. This is a typical ghost story, but not everyone in the book club enjoyed it, some of us thought the characters were a bit annoying, it was written extremely well but we did all agree the ending was wrong!

Dear Mrs Bird by A J Pearce is set during the London Blitz in the 1940's. Our heroine, Emmeline Lane dreams of becoming a war correspondent and travelling the world. She sees a job advertised in the local paper for a secretarial assistant and mistakingly thinks it's for a trainee journalist. She applies and gets the job and only then does she realise she'd be working for the magazine's Agony Aunt, an opinionated Mrs Bird who only replies to "acceptable" letters. Emmy decides to do her own bit for the war and begins secretly replying to some of the "unacceptable" letters, with unexpected consequences. A delightful and funny book with loveable characters, a bit fluffy in places but captures the devastating effects of the War.

Noeleen Thomson
April 2019



Chalgrave Games 2019



MEMORIAL HALL, TEBWORTH
SATURDAY 6TH JULY

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Mark Edwynn's Eulogy to his Father

ACTING FOR OTHERS

My what a lot of people. It's the biggest audience he's had in years!

My father loved to make people laugh. He had a great sense of the ridiculous and would always try and find the funny side of any situation. I remember when he went to his own father's funeral, he couldn't resist gleefully pointing out the sign over the gate of Stockport Crematorium that said "Thank you for not smoking"!

He became involved in broadcasting whilst he was doing his National Service in Egypt and radio remained his great love. His work and friendships with the likes of Jimmy Clitheroe, Les Dawson, Freddie Davies and Ken Dodd lasted many years. He especially kept in touch with Ken until his death earlier in the year and was one of the invitees to the funeral and reception. I have to say that Liverpool Anglican Cathedral is a bit more impressive than here!

Most people of course, remember the television work more. People always say "Oh I know him, it was that Kit Kat advert with the dog" or "I saw him on Dinner Ladies" again.

He also did some serious acting and was actually a member of the Royal Shakespeare Company for a while in the seventies. At one point he came back with a model of a cathedral which had been part of a set. It became the poshest hen-house in all of Bedfordshire!

When work was scarce at the beginning of the eighties, he and my mother, Liz, decided to take a pub. They eventually settled on the Queen's Head at Tebworth. For nineteen years they ran it together, with my father still acting where possible,



Mark Edwynn's Eulogy to his Father

until my mother died suddenly in 2001. The old stage maxim of "the show must go on" then came to the fore and he ran it mainly on his own until the end of last year.

He considered himself an actor to the end, even in the pub, where the bar was his stage and the customers his audience. He was renowned for always giving new people a fantastic greeting and introducing them to everybody in the bar.

The next time they came in (and it could be many months), he would remember their names immediately and treat them like long-lost friends.

One time, not long after taking the pub, a stranger came in and asked for a half of bitter. Trying to be efficient and serve people quickly, my father took the customer's money, poured a half, tipped it into the till and gave the man his money back, at which point, he left! About a dozen years later, somebody came in and said he was friends with this man and had been told the story. He felt he had to come in to check if it was true or not. We were able to assure him it was and have a laugh about it!

He loved his music (he was classically trained on the piano when he was young) and so the pub always had a tradition of providing live entertainment every Friday night. I can see many of the musicians concerned here today. The thing was, they didn't just turn up and play, then go, they became personal friends as well. They all said how much they loved the atmosphere which, as we know, was down to my father and his way of treating people.

When he left the pub, Peter Kuys, a man without whom, we as a family could not have managed over the years, found him a lovely little flat in Toddington, where we thought he could settle down to a comfortable retirement. Unfortunately, he had a stroke which affected his eyesight and mobility and then became more seriously ill a couple of months before he died.

He would not want you to feel sorry for him though, so let's celebrate his life and cherish the memories.

This has been the Colin Edwynn show, written, produced and performed by a cast of thousands, starring his wife Liz, Gareth, Cate, Fred, Sue, Ruth, Neil, myself, Mark, and last, but not least, himself, Colin Edwynn.

Mark Edwynn



Chalgrave Open Gardens

Tebworth and Wingfield, Bedfordshire
Saturday 8 June 2019
1pm to 5pm

Adults £5, accompanied children free
Sorry no dogs other than assistance dogs

Event Hub: Chalgrave Memorial Hall
Wingfield Road, Tebworth, LU7 9QQ



Refreshments and cakes
Plant sale
Free parking
Toilet facilities

Boarding Group Nine



Do you remember the days when railway carriages had first class, second class and third class? It seems that airlines have taken tiering to a new level. Traveling in the US over the past couple of weeks, we have encountered a system of nine boarding groups. So, let me introduce you to boarding group nine.

Boarding Group Nine:

the walk of shame
They're the last
to board the plane

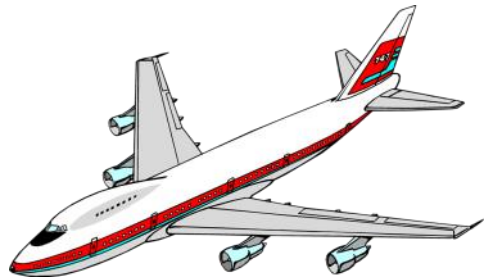
Too tight to pay for better seats
This savvy bunch have brought their eats
They still get the pack of nuts,
Smaller now, because of cuts

Rolling luggage is a no,
In the hold it has to go
No room for cases on the rack,
Their pesky baggage gets the sack

In flight cuisine?
Here's the deal:
All that's left
Is the Happy Meal!

Welcome to the American Way:
A bigger smile for those who pay
Back row seating is a blast
Guess who leaves the airplane last?

Boarding Group Nine
Is made to wait
To justify the premiums paid
By those who booked a little late!



Peter Warburton

Wild Chalgrave Red Kites: A success story.

Most people are familiar with the magnificent sight of a red kite soaring high in the sky, but it is only fairly recently that they have become such a frequent sight. Once common in Britain, by the early 1900s they were almost extinct with only a few birds surviving in Mid Wales. Their rarity made their nests a target for egg collectors further reducing their numbers.

These enormous birds have a wingspan of 175-195cm and can weigh up to 1.3kg. Compare this with a blackbird at about 38cm and 100gm and you get some idea of their size. Their characteristic forked tail makes them easily distinguishable from buzzards which are also common in Chalgrave. Their diet is mainly carrion and worms although they are opportunistic and will occasionally take small mammals. They build their nests in large trees up to 20m above ground using twigs and line them using grass and sheep's wool.

They were common in Tudor London where they helped to keep the streets free of rotting meat. Shakespeare makes several references to the kite and in 'The Winter's Tale' he refers to the kite's habit of decorating its nest with scraps of linen or rags:



Wild Chalgrave Red Kites: A success story.

“when the kite builds look to lesser linen”. In more recent times a pair of frilly knickers has been found in a kite’s nest.

A number of factors contributed to their decline. They were once seen as competitors for the produce of the countryside and bounties were paid for dead birds. Woodland clearances and changes in farming practices further reduced numbers. Many birds were poisoned by illegal bait for foxes and crows, and their ability to seek out dead meat for food meant that many ate legally poisoned rats. Collisions with overhead power lines also kill many birds.

In 1989 a project was launched to reintroduce red kites to Britain and birds from Europe were released in the Chilterns, the East Midlands, Yorkshire and North East England. The Chilterns population was particularly successful and were probably the ancestors of the birds we see soaring over Chalgrave today. Red Kites are now seen over London again and many people across the country put out food for them. Although the Red Kite population is threatened in much of Europe the British population is doing well and is a cause for celebration.

Janet Day



How does your Garden grow?

What a mild winter we had. All my herbs carried on growing and the tree blossoms came very early. All the birds are courting and building nests, and thoughts turn to what to grow this season. For the last ten years, sales of vegetable seeds have outstripped sales of flower seeds, as more people are growing their own veg. If you don't already grow your own, now is a good time to start. If you only have a small space, you could try **Square Foot Gardening**.



The basic concept is to create a small garden bed (usually 4ft x 4ft) and divide it into a grid of 1ft squares. Seeds of each kind of vegetable are planted in one or more squares. This can be done on bare earth, but has the problem of perennial weeds coming up. Alternatively a 6 inch raised bed can be created using suitable materials such as old scaffolding boards, bricks, wood from used pallets and filling with soilless compost. The advantage of the raised bed is better drainage, looser soil and can be constructed on a hardstanding, but the disadvantage is it will require more watering.

The number of plants you can grow in each square depends on the variety of vegetable grown.

Dense planting (16 plants per square): Carrots, Radishes, Spring Onions, Garlic.

Medium planting (8 plants per square): Peas, Beetroots, Parsnips, Spinach.

Low density planting (4 plants per square): Swiss Chard, Parsley, Basil.

Open planting (1 plant per square): Tomatoes, Peppers, Cabbages, Broccoli.



How does your Garden grow?

The pros of square foot gardening:

- High yield in small spaces
- It is a form of companion planting, which increases biodiversity which helps to reduce the threat posed by pests and diseases
- Intensive planting minimises bare soil, which reduces the number of weeds germinating and protects the soil ecosystem below
- Easier to garden for people with reduced mobility and the orderly nature of the system makes it easier to stay on top of things
- Easy to set up, even for complete beginners
- It's a great way to get children involved

The cons of square foot gardening:

- More frequent watering due to the shallow nature of the bed. If constructing on hardstanding, 6 inches will be too shallow, 12 inches would be better.
- It is not suitable for larger vegetables such as Courgettes, Squashes, Sweetcorn, Asparagus, Pumpkins.
- Cost of setting it up.

Anyway, enjoy your gardening, whatever the weather!

John Wojdyla



Julia's DJ Party Line-Up (60 years young)

On Saturday 13 April friends and family attended a great party at Manor Farm in Wingfield to celebrate Julia's 60th birthday. I think the birthday girl had a wonderful time. It was a fabulous night with dancing to tunes masterminded by Julia's partner Dave Grimes. We thought we would share his summary of Julia's amazing DJ Party Line-Up:



Duncan Bedford

Born in poverty in darkest Peru, Duncan was born Julio Eduardo Jiminez. Hard as nails, he was down the copper mines before he was 3, and fighting anacondas by 6. He left Peru for England after the infamous llama rustling incident of '72, whereupon he moved from Lima to the equally beautiful Dunstable. Since then he has spent his days playing the pan pipes and longing for home. You'll still find him dropping some Peruvian jazz into his eclectic DJ sets.

Mike Jackson

Love child of Janet Jackson & Michael Parkinson, this DJ is known for his up tempo party songs. He holds a place in the Guinness book of records for "Most pints consumed in an afternoon". His other love is fish fingers, & he has a large tattoo of Captain Birdseye on his back. Often seen wearing his lesser known namesake's glove, and moonwalking whilst DJing.

William Asbury

Known as the "foetal Beatle", Will is the heartthrob of 7 year olds the world over. He can play 112 instruments in 6 languages, and if we're fortunate, he may show us his ukulele. He is also a TV star, having played "patient with cut head in far background" in a recent episode of Holby City. He'll be the white boy playing his funky music.

Dave "Philly" Grimes

Dave is to record collecting what Donald Trump is to diplomacy. Having bought his first piece of vinyl ("The Trumpton theme") when only 18 days old. His nickname comes from his love of cheese. In his spare time he likes to teach goats to swim. His party playlist will be jam packed with Julia's favourites, but don't worry, as there will be some good music too.

Debbie Parry



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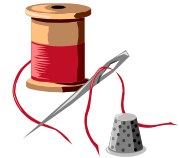
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Chalgrave Parish Assembly

Thursday 18 April was the date of the Annual Parish Assembly at the Memorial Hall.

Attendance was significantly down this year, perhaps due to the Easter holidays.

Our MP, **Andrew Selous**, sent his apologies.

Chair of the parish council, **Phil Parry** opened the meeting, reporting that the long standing issue of ownership of **the Great Pond** has finally been resolved. The property next to the pond will have ownership of the area of land nearest to his house, leaving the pond itself and surrounding land in the ownership of the parish. (It feels good to finally get this resolved. It has been the source of a few sleepless nights for many, that's for sure).

Mike Wells reported a change of approach for the **Sports Club**. Last year had been difficult, with cancelled fixtures and problems raising a cricket team, issues with the gang mower and a cancelled quiz night. This year it will be 'back to basics' with friendly matches for those of all abilities. New members welcome.

Ken Green is your man for anything footpaths related. Keeping our footpaths open and walk-able is very important in a rural community and Ken does a great job, but could always do with some help. So if you are interested...?

Our friendly local copper, **PC Jim Maden** was in attendance and it was good to hear his reassurance that Chalgrave is considered a low crime area. Twenty nine low level crimes in the parish were reported last year, mainly thefts from properties and cars. Interestingly, he gave a short outline of Operation Kane where a trap van is used as bait to try and catch those opportunists who might like to break in and steal the contents or the vehicle itself. PC Maden also confirmed that Leighton Buzzard and surrounding villages are to be allocated several new neighbourhood police which means we should see 'bobbies on the beat' more often; something we will all welcome, I'm sure.

Roger Masters informed us that the **Memorial Hall** is now twenty years old and needs ongoing maintenance which, at the moment is focused on renewing the lighting. Funds are very healthy due to regular bookings, a grant from the parish council and good use of the facilities. The **Chalgrave Games** makes a good annual contribution to funds, ensuring hire fees can be kept low for residents.

County Councillor, **Mark Versallion** expressed concerns about local gypsies and travellers who seem to have no respect for the law. Two more enforcement officers have now been allocated to this area. He confirmed that 43,000 new houses are to be built in this area over the next 25 years, which will mean a lot more traffic; something picked up by resident **Elaine Steele**, who asked how the new development down **The Lane** would affect traffic, especially as there is no pavement for pedestrians in that area; something the chair of the parish council said he would look into.

Resident **Paul Levy** asked Cllr Versallion why we are not allowed to use CCTV to prevent fly

Chalgrave Parish Assembly .. continued

tipping as it is allowed in other areas and was advised there is no reason. A mobile unit is actually available and, happily, we are on the list for use of it.

Cllr Jan Day reported on the **Chalgrave News**, which is doing well and has a healthy reserve of funds, something that is really helped by the popular **Open Gardens** event, which will be on 8 June this year. Resident **John Parker** asked why no one from the Chalgrave News team attended the recent Race Night to take pictures and write an article about it. Cllr Day took the opportunity to confirm it is for residents to send in any articles they wish to appear in the News as, happily, many already do. thechalgravenews@gmail.com is where to send contributions.

Roger Fenwick told us that there are over 50 residents of 65 or over who get birthday cards and Christmas gifts each year. He also took a moment to remember **Lyn Green**, who was a stalwart of the **Senior Citizens committee** and other parish activities over many years. Lyn will be sorely missed.

A report was read out from **Stacey and Dave of the Plough**, that the pub and restaurant are flourishing, with plans for refurbishment and a re-thatch on the cards.

We were also informed that the **West Trust** is in good form with funds of £860,000; the interest from which is used to allocate educational grants to the under 25's of Chalgrave and Hockliffe.

Noleen Thomson sent a report about the **Book Club** which has eight members and meets every month, reading a stimulating range of books and generally setting the world to rights over tea and cake.

Finally, **Debbie Parry** gave us the update on **Chalgrave WI**, which also has a book group. There are over 40 WI members with an active programme of events, which last year included trips to see War Horse and Menopause the Musical, a Christmas party with lively, monthly talks and workshops.

Every year, Chalgrave WI collects for the women at **Yarlswood** detention centre. Donations of toiletries, scarves and other useful items can be left at **Signs of the Times**. There will also be a stall at the Chalgrave Games on 6th July.

Cllr Green raised the issue of men who might wish to come along to the WI. Ms Parry acknowledged this was an interesting area of debate but assured Cllr Green that he would be made welcome if he wanted to join.

Some light hearted comments about 'men in skirts' followed and we ended the evening with a few nibbles, a glass (or two) of wine and went home after, what turned out to be, a very interesting evening.

Frances Masters

How to bust stress with mindfulness

Self-care is something that doesn't come easily for many of us. We race from one goal to the next, multitasking, multi-screening and telling ourselves that *doing* more somehow equals *being* more. 'I'm sooooo busy' is the modern mantra. There's a sense of status in implying you barely have time to sleep these days. So, in a world of 'busy-ness', you'd think we would realise it's even more important to learn the art of stillness. Yet recent research shows that many of us are so turned off by the idea of sitting quietly in the presence of our own thoughts that we'd rather receive an electric shock! Amazingly, participants in 11 studies felt so uncomfortable about the experience, that 67% of the men and 25% of the women opted to self-administer the shock rather than sit with no distractions for just 15 minutes. But we shouldn't be so surprised. The human brain has evolved to interact with the outer world; to detect threats and opportunities. In fact, it was the hyper-vigilant chimps who were the ones that survived long enough to reproduce and allow evolution to take us to where we are today; not so much survival of the fittest as survival of the jumpiest you might say.

Training your 'monkey mind'

On edge, looking over your shoulder like a jumpy chimp is an uncomfortable way to live; and largely not necessary in today's developed world. In fact, we do

have the innate ability to switch off, even if our first instinct is to resist.

Buddhist monk, **Mingyur Rinpoche** says we over-complicate things. In his short film on YouTube, called '[How to train your monkey mind](#)', he says 'You can meditate anywhere, anytime; when walking, when eating, even in a meeting.' Most people think they've got to stop thinking altogether to be meditating. They say to themselves '*think of nothing*' and they force it too much. But we need our thoughts. The monkey mind is always giving its opinion. It's our choice whether or not we listen to it! Actually, making friends with your inner chimp couldn't be simpler. Just give it something to do, like focusing on the breath. Mingyur says, "*Just breathe in and breathe out. Thoughts come and go. As long as you don't forget the breath, everything is ok; even one breath or two breaths, then you can meditate anywhere, anytime.*"

So, try jumping off the merry-go-round for just a few minutes to focus on something like your breathing and every time your mind wanders (as it will) simply notice and return your attention to your breath.

Every time you do that, you are practising mindfulness.

Simple!

Frances Masters: Psychotherapist

STATEMENT OF PERSONS NOMINATED

Central Bedfordshire District Council

Election of Parish Councillors

The following is a statement of the persons nominated for election as a Parish Councillor for

Chalgrave Ward

Name of Candidate	Home Address	Description (if any)	Name of Proposer (*), Seconder (**) and Assentors	Reason why no longer nominated*
BROWN Sharon	3 Home Farm, Toddington Road, Tebworth, LU7 9QD		Masters Frances A * Perry Andrew C **	
DAY Janet Blanche	9 Parkview Lane, Tebworth, Bedfordshire, LU7 9QG		Wojdyla John W * Francis Aimi J **	
GREEN Ken	1 The Lane, Tebworth, LU7 9QB		Parry Philip A * Warburton Peter J **	
LEVY Debbie	2 Tebworth Road, Wingfield, Beds, LU7 9QH		Parry Philip A * Day Janet B **	
LUDGATE Kevin William	72 Wingfield Road, Tebworth, Leighton Buzzard, Beds, LU7 9QQ		Blythe Dawn C * Warburton Peter J **	
MASTERS Frances	2 The Lane, Tebworth, Leighton Buzzard, Beds, LU7 9QB		Brown Sharon L * Perry Andrew C **	
PARRY Philip Alyn	51 The Lane, Tebworth, Beds, LU7 9QB		Levy Paul A * Smith Lesley J **	
PERRY Andy	(Address in the Central Bedfordshire Council area)		Masters Frances A * Watling Susan **	
WARBURTON Peter James	Heath Farm, Tebworth Road, Wingfield, Bedfordshire, LU7 9QH		Parry Philip A * Smith Lesley J **	
WHITTON Paul	(Address in the Central Bedfordshire Council area)		Whitton Deborah * Smith Lesley J **	

Dated Thursday 4 April 2019

Brian Dunleavy
Deputy Returning Officer

Printed and published by the Deputy Returning Officer, Priory House, Monks Walk, Chicksands, Shefford, Bedfordshire, SG17 5TQ

Devonshire Cider Cake

From Cider Lil (aka ex pat **Christine McDonnagh**, now living in glorious Devon)

This classic recipe for cider cake was featured in Moira Babington's 1970 *West Country Cooking* but also appears in an older *Devon WI Compendium*. Traditional Devonshire cider is more strongly flavoured and less fizzy than modern versions: try to find a traditional dry cider if you can.



You need:

110g butter unsalted at room temperature 110g Caster sugar

2 eggs

225g plain flour

Half Tsp ginger

Quarter Tsp fresh nutmeg

1 and a half Tsp of baking powder

Quarter pint Devon cider

Preheat the oven to 180C (170Fah), gas mark 4 and butter and line a 8 inch cake tin.

Using an electric whisk, food mixer or wooden spoon, cream the butter and sugar until they are light and fluffy

Beat in the eggs-the mixture may curdle at first, but just beat vigorously until it is smooth and Creamy

Sift in the flour, ginger, nutmeg and baking powder

In a jug whisk the cider gently until frothy, then beat it into the cake batter. Scrape into the lined cake tin and bake for 45 minutes, or until the cake is golden brown and comes out clean.

This Devonshire cider cake improves with keeping, so wrap in foil and put it into an airtight tin for at least a day before serving.

And drink the rest of the cider...Burp!

Planning application for future M1 to A6 Link road

Central Bedfordshire Council has put in a planning application for its proposed M1 to A6 Link Road. The new strategic link road would run from the A6 Barton Road to junction 11a of the M1 motorway, joining up to the A5-M1 Link Road, to provide a strategically important east-west link. Subject to planning approval and securing funding, construction could commence in 2020. It is estimated that construction will take two years.

The existing A6 road has approximately 26,000 vehicles on it each day. The new link road would help to relieve current congestion and improve safety on the A6 into Luton, as well as ease traffic on the local village roads used as rat-runs, such as Lower Sundon, Upper Sundon and Streatley. There are also a number of suggested upgrades to the local footpaths, cycleways and bridleways.

The new road would be 2.75 miles (4.4km) long and could create part of a northern bypass for Luton. The submitted layout is a mixture of single and dual carriageway, with a 50mph speed limit. There would be junctions to a proposed new Rail Freight Interchange at Sundon and to proposed new housing developments.

The road will be critical to supporting a significant number of proposed new local homes on the northern edge of Luton. This development also includes 20 hectares of employment land, creating local jobs. The suggested new sub-regional Rail Freight Interchange would help transfer goods from the M1 to the Midland Mainline and beyond, shifting more freight from road to rail. It is anticipated that the Rail Freight Interchange could generate a further 1,000 jobs on 40 hectares of employment land. Councillor Nigel Young, Executive Member for Business and Regeneration, said: "Building this new road will benefit both existing communities and new communities. This route will be critical to delivering the wider infrastructure needed for our residents and business at the heart of the Oxford to Cambridge Corridor. In the last few years, we have built new links roads to the west of the M1 junction 11a that have opened up that part of the region. If we can then link those up to the A6, we can ease congestion and further boost the economic potential of the area, opening up opportunities for businesses, including better access to Luton Airport, and creating jobs at Sundon."

You can find out more about the road at www.centralbedfordshire.gov.uk/M1-A6. The planning documents are available online, reference CB/19/00887/FULL at www.centralbedfordshire.gov.uk/planning

ALL SAINTS CHURCH CHALGRAVE

Chalgrave church is finally joining the world of indoor plumbing!

The work on the toilet has started at the church so, soon there will be no more need to 'water the roses.'

There are the regular Sunday services and everyone is welcome to come along. Our first social event will be on July 13th. We plan to have ploughman's lunches, cream teas & a craft fair this year.

On September 14th, we'll be hosting a Family 'Pig Nic', Pig roast & family fun and looking forward to December 7th, there will be the return of our Festive Afternoon Tea and craft fair with the popular Carol's by Candlelight on December 21st.

We're also busy planning the celebrations for next year's 800th Anniversary of the Dedication of All Saints Church, Chalgrave.

So, watch this space for more exciting ways to give thanks for our beautiful, historic church.

Sandy Ryan



News from The Plough Inn

Hi everyone!

The garden at the plough is coming back to life and the grass is starting to get it's regular haircuts again, it must be spring at last!

We have a few new things going on to tell you about. Firstly, we now have a Tapas night on the last Saturday of every month. It's a great opportunity to try new cuisines and dishes without having to order a whole plate!



We have added to our list of £10 weekday deals. In addition to Burger Tuesday and Mussels Thursday, we have added Fish Friday. £10 for Beer battered Haddock and Chips, eat in or takeaway.

Lastly we have just launched a new promotion. if you dine with us on a weekend, we will give you a voucher for 15% off the main menu for Tuesday to Thursday.

See you soon and don't forget to put the car show in your diary. Sunday 14th July. Fingers crossed for good weather again.

Stacey & Dave

Chalgrave News Advertising Rates p.a.

Quarter Page		Half Page		Full Page	
COLOUR	£50.00	COLOUR	£80.00	COLOUR	£135.00
B&W	£35.00	B&W	£60.00	B&W	£110.00

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A CHALGRAVE CHILDHOOD



Talking to villagers that lived in Chalgrave back in the 50's, and earlier, reveals just how different life was back then.

When many of the households did not have transport and, even though there were plenty of small shops and businesses in the village, it was the regular door to door traders that filled the gap, by offering the kind of things you could not buy in Tebworth or Wingfield.

Mr Moore, from the Dunstable department store of the same name, often made the rounds with bundles of towels, flannels and useful household goods; keeping a tally in a club book for those who wanted to spread their payments.

There was the brush salesman from Leighton Buzzard who came out with a suitcase full of handy brushes for any job. The rag and bone man would be a regular visitor too, calling out from his horse and cart for any unwanted goods, especially metal items. The knife grinder often came knocking and sometimes a gypsy on foot, with small bunches of lucky heather, who would tell your fortune if you wanted to know what the future would bring.

Coal was, of course, delivered by the bag for all the open fires in an era when no one considered air pollution an issue, and then there were daily deliveries such as bread from baker Charlie Cornwall and the Marlow's milkman, lading out milk from a horse and cart into cloth covered jugs left on doorsteps.

And who can forget 'The man from the Pru,' the Prudential insurance man who would encourage people to save for a rainy day by taking out life assurance policies they could pay into with regular payments pencilled into a savings card.

It certainly sounds like Chalgrave was a hub of commercial activity back in the day, so, if you've ever wondered how we all managed before Amazon Prime, now you know.

Frances Masters

Measles - have you been vaccinated?

Measles is a highly infectious viral illness which spreads very easily.

People with measles can get a cough, runny nose, rash and fever. The illness can be very unpleasant and can sometimes lead to serious complications, in particular for people whose immune system is not working normally.

Director of Public Health, Muriel Scott, said: "The best way to prevent measles is through the MMR vaccination, which is safe and highly effective. However 1 in 10 five-year-olds in Central Bedfordshire haven't had both doses of MMR."

The MMR vaccine is available to all adults and children who are not up-to-date with their two doses. Anyone who is not sure if they are fully vaccinated should check with their GP practice.

If you would like more information on measles visit:

<http://www.nhs.uk/conditions/measles/Pages/introduction.aspx>

**For further information please contact: James Cunliffe,
Communications Officer on 0300 300 5301**

Did you know that if you haven't had the measles vaccine you could be endangering others. For example:-

"I'm not getting vaccinated for myself but for my grandson who has breathing problems"

"I'm not getting vaccinated for myself but for my neighbour with a young baby"

"I'm not getting vaccinated for myself but for my friend who is on immunosuppressive therapy after a kidney transplant"

Think seriously before you decide against having the vaccine.

Remember we need to think about everyone and not just ourselves.

Chalgrave Emergency Plan

In case of an emergency in our Parish of Chalgrave our contacts are:

Phil Parry	07831 605600
Barbara Jackson	07960 445492
Debbie Levy	07931 408697
Paul Whitton	07808 174843

AUNT AGNES ANSWERS YOUR PROBLEMS

Once again dear readers I have to complain about the poor service I have suffered at the hands of the Chalgrave News editorial team.



Mrs P of Wingfield wrote to me recently asking if I could recommend a spicy meal to serve to her husband to 'get him in the mood'

"Yes" I thought "Spicy stewed beef and dumplings have regularly done the trick for many of my correspondents" Unfortunately, having dictated my reply over the telephone to the Chalgrave News team, they completely misunderstood my advice and recommended 'stewed teeth and dumplings'.

I fully understand her husbands' distress to find himself chewing on her dentures and I am not surprised it ruined their evening. I can only suggest Mrs P that you refrain from smiling until your new dentures arrive from Amazon. Until next time.....



Restaurant Review

Mevan Turkish Restaurant



Chris McDonagh



Authentic Turkish Food

6 Lake Street Leighton Buzzard

LU7 1BJ

Telephone: 01525372020



I visited Mevan with some friends in February who were not convinced about Turkish food. They left being converted and indeed revisited a couple of weeks later with their partners.

The food is authentic Turkish using flavours of the Anatolian region of Turkey. Lovely lamb and chicken kebabs. We shared a warm meze which was more than enough for 4 people. Grilled meat is also delicious. I didn't have fish but my friend had the grilled sea bass and said it was outstanding.

Our bill including wine was £24 a head. Wine around £15-£18 a bottle.

Great service together with the cooking in the kitchen on view made a lovely food experience.

CHALGRAVE KIDS COLOURING COMPETITION

Spring is here! Please colour and return to: The Old School, 16 The Lane, Tebworth, by June 1st. Don't forget to put your name, age and address on the back of your drawing. Good Luck!



Parish Noticeboard

Welcome to
Lee and Emma,
our new residents at the
Vicarage in Tebworth'

The winner from the Winter issue is
Caitlin Gadsden aged 7 from Tebworth.
Well done, you have used some great
colours!
Your prize is on its way.



Millenium Youth Awards
for under 18s.
(See page 5)

Submit a nomination to
the clerk, Lesley or
any one of the
clouncillors.

GUESS THE OWNER

Send us a photo of your dog and we will have a competition
to guess the owner!

Send photos to thechalgravenews@gmail.com or hand to
anyone on the News team

Chalgrave Memorial Hall

Fees and Charges effective from 1st January 2019

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6pm – 12 midnight*	£130	£260	£295
SATURDAY			
9am – 6pm	£11.50 per hour	£23.00 per hour	£26.50 per hour
6pm – 12 midnight*	£145	£290	£370
12.30pm – 12 midnight*	£185	£370	£425
SUNDAY			
10am – 10pm*	£11.50 per hour	£23.00 per hour	£29.00 per hour
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NB: should the cost of reparation to the Hall contents or equipment the Committee reserve the right to pursue the balance.

FOR BOOKINGS PLEASE TELEPHONE: 07831482556

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Secretary to Andrew Selous	Sue Howats	howats@parliament.uk	01582 662821
Ward Councillor	Mark Versallion	mark.versallion@centralbedfordshire.gov.uk	01525 234000
Chairman of Parish Council	Phil Parry	phil@philparryassociates.co.uk	07831 605600
Vice Chairman of Parish Council	Ken Green	kenandlyn@tinyworld.co.uk	01525 874107
Parish Council Clerk	Lesley Smith	chalgravepc@btinternet.com	01525 874716
Councillor	Jan Day	janet.day456@btinternet.com	01525 875921
Councillor	Debbie Levy	debbie.hampson61@btinternet.com	01525 877149
Councillor	Kevin Ludgate	kevin.ludgate@oliverlandpower.co.uk	07768 606968
Councillor and Traffic Calming	Peter Warburton	pwarburton45@gmail.com	07941 624419
Councillor	Paul Whitton		01525 877181
Central Beds Unitary Council			0300 300 8000
Rector of Chalgrave Church	Rev'd Linda Washington	http://www.allsaintschalgrave.org.uk	01525 714442
Church Secretary	Karen Calder		01525 873065
Church Flowers	Lesley Colella		07905 241076
Chairman, Chalgrave Mem. Hall	Roger Masters		01525 873039
Hall Booking Secretary	Velda Cooke		07831 482556
Senior Citizens Committee	Roger Masters		01525 873039
West Charity	Lesley Smith	www.chalgrave.org	01525 874716
Chalgrave Sports/Cricket Club	Mike Wells		01525 877098
Book Club	Noleen Thomson		01525 872168
Beavers/Cubs/Scouts	David Yirell		01525 875410
Rainbows/Brownies/Guides	Janet Hornsby		01525 875203
Toddington Medical Centre		www.toddingtondoctors.co.uk	01525 872222
Toddington Library			01525 873626
Electricity Board (Emergency)			0800 7838838
Water Board (Emergency)			0845 7145145
Head: St George's Lower School	Jane Spencer		01525 872360
Head: Parkfields Middle School	David Brandon-Bravo		01525 872555
Head: Harlington Upper School	Shawn Fell		01525 755100
Toddington Childcare		Playgroup/am & pm school clubs	01525 875400
Toddington Area Helping Hands		www.voluntaryworks.org/organisation/toddington-area-helping-hands	07882 988270

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