

WINTER
2023
ISSUE 77

CHALGRAVE NEWS

Celebrating Chalgrave



DATES FOR YOUR DIARY



Day/Date	Event	Location	Time
Third Tuesday of each month	Parish Council Meeting	Memorial Hall	7.30 pm
Second Tuesday of each month	WI	Memorial Hall	8.00 pm
Fourth Wednesday each month	Pop-Up tea room	Memorial Hall	11-1



Thank you for the cover photo to Sandy Ryan of Toddington.
A fabulous photo of All Saints Church in the snow.

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thechalgravenews@gmail.com / 07927 144090

Deadline for next edition: 15 April 2023

Please send your contributions to: thechalgravenews@gmail.com

The Chalgrave News team produces the Chalgrave News in good faith and we do all we can to ensure that no offence is caused to any individual or organisation. We also reserve the right not to publish articles and contributions submitted to us if they do not comply with our policy.

A note from the editorial team

There was certainly a lot going on in Tebworth and Wingfield over Christmas and New Year.

The WI had a lively night at Tilsworth Golf Club and an afternoon tea at Woburn Coffee House plus a wreath making workshop too.

The Church was decorated for Christmas and looks striking on our front cover against a backdrop of snow. Emma Grey took some wonderful pictures of Chalgrave set in a pure white landscape and framed by brilliant blue skies. See page 32. The pictures really remind us how lucky we are to live in such a beautiful part of the country. Thank you to all the others who sent in photos and sorry we couldn't include them all.

The Senior Citizens Christmas party in Toddington was very well attended and quite a few Chalgrave residents took up the invitation to go along and Chalgrave Sports Club got January off to a healthy start with their walk-a-mile-a-day challenge.

Now our thoughts are turning to spring and the year ahead. John writes about how the cold weather is affecting our gardens and Jan poses quite an interesting question about what you might find in the local hedgerows.

2023 will be a special year with celebrations for the King's Coronation in May. There will no doubt be plenty of local celebrations and the Memorial Hall will have a royal-themed Chalgrave Games on King Charles's birthday on Saturday 17th June. Save the date.

Aside from the celebrations, we have to acknowledge that these are still difficult times for many and, in this issue, Phil Parry talks about how the parish council is supporting a local food bank. We also have a budgeted meal plan with recipes that might be helpful if you're keeping an eye on the pennies right now.

There is an article about solar farms and the impact they are having on our landscape as more and more of them are granted planning permission in Bedfordshire. It's an opinion piece. You may have a different opinion and, if you do, it would be great to hear from you. Perhaps you could write an article for the next edition.

Here's wishing all our readers a very Happy and healthy New Year. We love bringing the Chalgrave News together for you.

Thanks so much for all your contributions.

Chairman of the Parish Council

The Christmas period is a quieter time for the Council although our activities continue – reporting fly tipping, reviewing planning applications, chasing CBC to fill potholes, litter picking, Speed Watch campaign and much more.



Every year the Parish Council makes a small donation to a charity that has a connection with our Parish. This year we have donated to the **Leighton Linslade Helpers**. They are a collective of community volunteers who came together to support their community through the Covid 19 lockdown in their town and surrounding areas including Chalgrave. It very quickly grew into an organisation that is continuing to support its community by forming a charity. They provide a range of services, from food parcels, community fridge, prescription deliveries, counselling and listening, free-cycling, to many other ways of supporting families, the elderly and the isolated.

The **Community Fridge** is a space where everyone can share surplus food, including donations from local food businesses, supermarkets, producers, households and gardens. Access is open to everyone in the community who wish to use it, either to donate surplus food that they can accept, or to access food that is available. This self-help #GreenEnvironmental scheme helps eliminate food wastage and reduce landfill waste.

The opening hours are:

Monday	2:00pm – 4.30pm
Tuesday	11:00am - 3:00pm
Wednesday	6:00pm - 8:00pm
Thursday	2:00pm – 4.30pm
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Saturday	10:00am - 2:00pm



At 30 Waterborne Walk, LU7 1DH just off the Leighton Buzzard High Street.

Chairman of the Parish Council

Their **Food Parcels** will provide all the basic needs to keep healthy and fed. They will respond to all requests for a food parcel – help@leightonlinsladehelpers.org.uk or call 01525 837219

They do not deliver, the parcels can be collected from Waterborne Walk. If you are unable to collect, please contact a member of the Chalgrave Emergency Response

Barbara Jackson 07960 445492	Phil Parry 07831 605600
Debbie Levy 07931 408697	Paul Whitton 07808 174843

Team who will collect for you in confidence .

Phil Parry

Chair

Chalgrave Senior Citizens

We are a small committee set up many years ago with the purpose of giving a “helping hand” to elderly neighbours.

We are happy to run errands, do food shopping and generally help out if we can.

Everyone on our list receives a birthday card, Christmas card and small gift (funds permitting) and is invited to the Christmas lunch held at Parkfields School in Toddington.

Anyone over the age of 65 can be added to our list by contacting Roger Fenwick on 01525 873768 or 07814 598309
rogerfenwick@btinternet.com or
Barbara Jackson on 07960 445492

We are always looking for helpers with fresh ideas to join our team.

If you are interested in becoming involved, please give either Roger or Barbara a call.



Christmas Party ★ 3rd December 2022

The Senior Citizens Rotary Christmas party in December was a little different this year. The Rotary Club of Flitwick Vale served up a wonderful afternoon tea at the usual venue of Parkfields School, Toddington. The Rotarians' Chairman Alan Burgoine (right) and helpers (many from Chalgrave) served up pastries, sandwiches and cakes as well as cups of tea and coffee. All admirably organised by Chris Osborn with many of the helpers from Chalgrave. Entertainment by Roger Fenwick. With music, a raffle, the odd tittle and even a little dancing. A huge success!





Christmas Party ★ 3rd December 2022



A big thank you to Roger Parker for these wonderful photos.

Chalgrave Memorial Hall update

They say time flies when you're enjoying yourself and I've been Chair of Chalgrave Memorial Hall for longer than I can actually remember!

But all good things come to an end and it's time to now hand over the reins. So I'm very pleased to welcome John Wojdyla and Will Randell who will Co-Chair going forward into 2023.



It's a good time to offer up a summary of what we have achieved at the hall recently. This year we have welcomed new members to the committee including Will, Michelle Hand, Jan Day and Jane Spiers. We are very pleased to have them on board with all the new ideas and energy they bring to managing our much loved venue. When you look at the hall, some changes and improvements are very visible, like the painted walls, new picnic benches, fire extinguishers and improved signage. Some changes are less apparent such as the large amount of sorting and tidying that has taken place in all the storage areas, the clearance of gutters, stock taking, damp checks and fire reports.

All take time and commitment and I would like to offer a big thank you to committee members and non committee members alike who have helped and supported us this last 12 months.

While we are pursuing grants to replace the old playground we have also been overwhelmed by some very generous donations from residents who are keen to support what we are trying to do for the village.

The Platinum Jubilee party helped us raise some money, as did the Bingo Night and the sale of donated items at the Pop-up Tearoom.

The Tearoom continues to be a real success, with Chalgrave Memorial Hall and Chalgrave Church working together to provide something really special for residents of this village and surrounding areas.

Post-lockdown, bookings continue to improve and this year I'm pleased to say, the Chalgrave Games will recommence. We will also mark the Coronation of King Charles III.

Finally, a big thank you goes out to the residents of Tebworth and Wingfield for supporting the hall by using it as a venue to mark your special occasions; your weddings, your christenings, wakes, meetings and parties.

We do this for you... and we couldn't do it without you.

Cheers,

Roger Masters

Chalgrave Sports Club



From our Race Night back in October we were able to make a donation to Parkfields School towards their outdoor gym equipment project.

Head teacher James Hughes receiving our donation

Winter Golf Day

We had a successful Winter Golf Day between Christmas and New Year at Cainhoe Wood Golf Course. Paul Levy organised the day and reports;

“Well what a wonderful day!

After The rains during the week, the day might have been cancelled but Cainhoe Wood is now a very well cared-for course and whilst one of the two was part closed we played the “Castle”.

After a suitably robust breakfast, bacon rolls and egg rolls, the eight of us set off. We were accompanied to the first tee for a photograph or two by the chairman who also acted as starter...and so we played off into the bright blue yonder, the brilliant sun straight in the players eyes.



Though the course was wet in parts it was nothing like a year ago, and we all made it back to the 19th, which sadly wasn't the case 12 months earlier. Guest Alan Philpot a member at Cainhoe won the day on 34 points, second, well an elevated third really Ken Liddle, third was Malcolm Macgregor.

We have a rule that a player can only win one prize. So, whilst John Given was second on points scored, he elected to take the prize for 'longest drive'. 'Nearest the pin' went to Lisa Williams, also a member of Cainhoe Woods”.

The Golf Day was followed by an End of Year Dinner for members and guests at the Plough. It was a hugely enjoyable event.

Chalgrave Sports Club

CSC members Mike Jackson and Christina Lawrence have come up with a great challenge – the mile a day challenge - MAD. Walk or run a mile a day throughout the year. A number of CSC members have taken up the challenge, although one of our Committee members failed on Day Two! (I'll not mention who it was, Danielle).

MAD Day One – New Year's Day. We have seven yoga classes run by Rachel between now and March. You are very welcome to join us for an hour on Saturday mornings. Details on our Facebook Page. Danielle will be organising walks including along the Greensand Way and a marathon walk for Macmillan around the coast of Norfolk.



Two CSC members Ian and Lesley Smith raised £706 for Pancreatic Cancer UK in November's Challenge to walk 30km during the month.

They walked 30.5km in the first week so they set a new challenge of 30km a week, walking 137.5km in total.

Ian cooling down after completing the Challenge.

Upcoming, apart from the Yoga classes and Danielle's walks, we have our Fantastic Quiz Night on the 22nd April and we will resume the 5K Park Runs. You don't have to be a member to join any of our activities. Up to date information is on our Facebook Page.

Phil Parry

CHALGRAVE WI

Meeting Summary



In **November** Lisa Scanes arranged another wonderful Christmas afternoon tea at Woburn Coffee House.



In **December** twenty one of us partied at Tilsworth Golf club. A great time was had by all and there were some wonderful Secret Santa gifts!



CHALGRAVE WI

Lisa Scanes led another successful Christmas wreath and table decoration making workshop.



In **January** Mir Ali, a martial arts teacher, ran a session on Women's self defence. He discussed real life scenarios that women could find themselves in and taught us some solutions to resolving each one.

Sue Watling organised a visit to the Locked Escape Room in Dunstable. This was great fun – we had to break into Dunstable's top security art museum and steal the Grendaves Diamond.

Both teams were successful though Debbie's Dollies beat Sue's Sizzlers by a whisker!

Future Meetings

We meet on the second Tuesday of the month at 8pm in Chalgrave Memorial Hall, Wingfield Road, Tebworth, LU7 9QQ. We typically have a number of additional outings and events throughout the year.



SUE'S SIZZLERS



DEBBIE'S DOLLIES

CHALGRAVE WI

In addition to our monthly meetings our sub groups are going strong with the Book Group led by Sue Watling, Craft Club led by Tracy Malster and Supper Club led by Bern Inzani.

Future Meetings

We meet on the second Tuesday of the month at 8pm in Chalgrave Memorial Hall, Wingfield Road, Tebworth, LU7 9QQ. We typically have a number of additional outings and events throughout the year.

* NB Feb 2023 meeting is a week earlier than normal to avoid Valentine's Day.

Date	Event
Tue-14-Mar	The neuroscience around anxiety
Tue-11-Apr	AGM and Talk on Talking handbags, fake aristocratic titles and how to write a book!
Tue-09-May	Indoor Kurling
Tue-13-Jun	Pub walk
Tue-11-Jul	You couldn't make it up! A light hearted laugh at ourselves
Tue-12-Sep	Answers in the dark- grief, sleep and dreams
Tue-10-Oct	TBC
Tue-14-Nov	Suffragette Talk
Tue-12-Dec	Christmas Crafts
Tue-09-Jan	A celebrant and the changing face of life ceremonies

Debbie Parry

The WI – Give us a Try!

We are a friendly and fun group and we offer a warm welcome to any woman who would like to join us for one or two sessions to see if our WI is for them. Please contact me if you would like to know more – or just pop along to one of our meetings.

Contact: Debbie Parry Debbie.helen.parry@outlook.com Tel 07770 543797



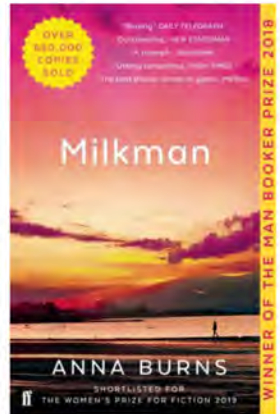
CHALGRAVE WI Book Club

The WI book group meets on the fourth Thursday of the month, at 7.30pm. We are usually meet at The Plough in Wingfield, or at group members' homes. Currently we have around 14 members

In November we read Milkman by Anna Burns – This a story about an eighteen-year-old girl experiencing life, and relationships, during the troubles in Northern Ireland and was winner of The Man Booker Prize in 2018. This was a long book and quite difficult to read as it was written as if all the thoughts in the girl's head were spoken out loud. Some of our group listened to this on audio books and found it was easier that way and the narrator had an Irish accent to accentuate the story. Worth reading but takes a while to get to the end.

In December we didn't have a book choice as everyone decided they were unlikely to get a book finished due to Christmas events. Instead, we had a Christmas get together at The Plough and it was great seeing everyone for a general chat.

In January we read Behind the Seams by Esme Young of the Great British Sewing Bee fame, this is her autobiography. At age five, Esme was asked to write in her notebook, but instead, she filled it with drawings. At seven, when it was discovered she was partially deaf, she found refuge in her sketchbooks. Shortly after, Esme made her first garment and a passion for sewing and designing was born. As a teenager, she made her way to London where her creative journey truly began. The book tells of her life at Swanky Modes, living in a squat, mixing with stars and how she ended on the TV. A good read but we would have liked loads of pictures of her creations to go with the descriptions.



The WI book group meets on the fourth Thursday of the month, at 7.30pm. We are currently meeting at The Plough in Wingfield, or at group members' homes. Currently we have around 14 members.

If you are interested in joining the WI book group please contact Sue (sue.watling@hotmail.com)

All Saints Church Chalgrave

Happy New Year!

The Christmas trees are now down, but at the church the crib is still up as we celebrate Epiphany. Epiphany in the Christian holiday commemorating the first manifestation of Jesus Christ to the Gentiles, represented by the Magi (Three Kings).



Epiphany also means a sudden perception of the essential nature of meaning of something. Those sudden “light bulb moments”.

The Pop-Up Tea Rooms was one of those moments, when 2 friends tried to find a way for the church and the Memorial Hall to work together for the community. It’s been such a great success and we look forward to another year of cakes, bakes and sharing time together.

The dates for the Pop Ups for this year are:

January 25th, February 22nd, March 22nd, April 26th, May 24th, June 28th, July 26th,

** Note No pop up in August, September 27th, October 18th, November 22nd, and December 13th.

The Pop Ups are usually the 4th Wednesday of the month from 11am to 1pm. We invite everyone to come along and join us.

2023 will be another exciting year for the country as we look forward to the Coronation of King Charles 111 on May 6th. We’re hoping to join in the celebrations in Wingfield & Tebworth but plans are uncertain at this time. There will also be a service held at the church. More information to come.

Other dates for your diary are:

- ◆ May 13th 7pm Harpsichord Concert with wine and cheese.
- ◆ July 8th 1:00pm-4:00pm Afternoon Teas & Band Concert
There will be 2 sittings & tickets will need to be purchased in advance.
- ◆ November 4th- Craft Fair at the Memorial Hall 10am-4pm.

All Saints Church Chalgrave

As we emerge from 2022, we look back on the special events and moments the release from Covid restrictions have enabled. The In Loving Memory Service, Remembrance Events and Christmas services had a real sense of people being back. The Crib Service, Midnight Mass and Carols by Candlelight were well attended. In addition to our weekly 9:30am Sunday services, we're looking to an all age worship service, outdoor services and other exciting activities this year.

If you would like to have someone pray with you, have a home visit, or you have your own epiphany of something that you would like the church to help with or take part in, please let Reverend Linda Washington or Sandy Ryan know.

Sandy Ryan



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or speak to any member of the CSC Committee



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Celebrating Chalgrave

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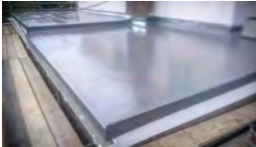
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Queen's Head*



Look out for
more details.

WILD CHALGRAVE



Who Did That?

Do you know who's responsible for some the little surprises you might see on your walks round Chalgrave?



WILD CHALGRAVE



1. Hedgehogs eat a lot of insects and worms and their poo is dark in colour and about 5cm long.
2. Fox poo looks a lot like dog poo but it's usually darker. Foxes eat insects, worms, seeds, berries and small mammals. In urban areas fox poo is often lighter in colour as they find lots of discarded human food to eat.
3. Badgers dig out little hollows to use as designated poo-pits. Their diet is similar to foxes and their poo varies in colour depending on what they've been eating.
4. Deer are herbivores and have to eat a lot of vegetation which they chew twice to get enough nutrition. They therefore produce a lot of poo which is shiny and black. The small pellets often stick together in clusters like sheep poo.
5. No prizes for guessing this one – mouse poo. You don't want to find it in your home. Last year mice nibbled all the squashes I'd stored in the garage – and pooped there too.
6. This one's not actually a poo. It's a barn owl pellet. Owls eat small birds and mammals and although they poo like other birds they can't digest the fur, feathers and bones in their prey. They regurgitate these indigestible bits as a pellet which they spit out.
7. Lesser considerate dog-walker. Enough said!

Jan Day

Celebrating Chalgrave in the snow



Celebrating Chalgrave in the snow

Many thanks to **Emma Grey** for these stunning shots taken in our beautiful parish.



We are always excited and happy to share your photographs, so if you have any pictures and/or stories to share about our wonderful parish, please send to thechalgravenews@gmail.com

HOW DOES YOUR GARDEN GROW?



Tebworth 16th December 2022

It's certainly been a challenging year for us gardeners. Following the blistering heat last summer, we then had one of the coldest winter spells that I can remember, and believe me, I have seen many winters. Although it looked very pretty in the snow, our gardens have suffered and most are looking a bit sorry at the moment. My Agaves and Cordyline being a good example.

Many of us will have lost plants to the cold, but don't give up on them too soon. Lots of dead looking plants will shoot from underground. There is an old theory that you should not give up on a plant until midsummer's day.

HOW DOES YOUR GARDEN GROW?



This is fine for a prized plant that has taken years to grow but a long time to wait if something is cheap and easily replaced. Start by cutting back stuff that is obviously dead, as this may cause rot, and cross your fingers.

Dahlias and Cannas were left in the ground after a run of mild winters, not sure if they have survived, although a heavy mulch in Autumn will have improved their chances.

Due to rising electricity prices, the thermostat in my greenhouse was turned down to 3 degrees C, so far things are OK.

You can hedge your bets by taking cuttings of prized plants in the Autumn and overwintering them on a sunny windowsill.

So much for planning a Mediterranean Garden after last Summer's heat, but us gardeners enjoy a challenge.

Anyway, enjoy your gardening, whatever the weather.

John Wojdyla



MY SOLAR FARM CONCERNS

I've not given solar farms too much thought over the last few years other than to observe how odd they look in a field where you would normally expect to see crops growing or animals grazing. I've also generally accepted the received wisdom that they are one of the UK's best answer to the green energy problem.

But when I looked more closely I started to ask myself some questions. The effects of solar farms on flora and fauna I guess we've all seen pictures of sheep happily grazing between solar panels. However, it looks like this might be a bit of marketing by the solar sales people as the quality of grass in the shadow of large solar panels is so poor quality that a farmer would not really want to graze any animals there.

Solar panels also take up a lot of space in a green field which can lead to environmental degradation of the area and loss of habitat for wild life. The panels are likely to have quite an impact on local fauna and flora, particularly birds. Birds can also mistake the panels for water and sadly die as they come in to land.

[The Campaign to Protect Rural England](#) the RSPB and Greenpeace have [all voiced concerns](#) that thousands of acres of natural farmland are now being lost every week to solar development in the UK.

Statistics

On the face of it, solar panels seem to be largely unsuitable for the British weather due to lack of sunlight for much of the year and scientists here have calculated that, annually, [most UK solar farms will never get beyond 12 per cent of their true generating capacity](#).

Dr Benny Peiser, director of the [Global Warming Policy Foundation](#) (GWPF) think-tank, has said solar energy makes little sense in the UK and, on balance, green spaces occupied by miles of panelling are likely to do much more harm than good.

You can monitor real-time usage of the National Grid on the ESO app.

So, if solar farms aren't that efficient for the UK climate, why keep installing them?

A nutcracker scheme

Solar farms are referred to by developers as a 'nutcracker scheme.' A loophole in the current planning system means they could potentially turn lower-grade farmland into 'brown field' sites in the future, allowing them to be built on.

Farmland in the UK is largely protected from development...except for solar farms.

MY SOLAR FARM CONCERNS

Solar is good business for landowners, for developers and for local authorities too and thousands of pounds can be made for multiple planning applications. They can also charge the solar firms business rates, which farmers do not normally pay.

Pollution

Solar panels contain lead, cadmium, and other toxic chemicals that cannot be removed without breaking apart the whole panel. They are ending up in landfill and that's likely to be a growing problem when, in thirty or so years from now, existing panels come to the end of their life. [Chemical leakage in situ](#) is a largely unaddressed question but a [senior Chinese solar](#) official said some years ago "Contrary to previous assumptions, pollutants such as lead or carcinogenic cadmium can be almost completely washed out of the fragments of solar modules over a period of several months, for example by rainwater."

Carbon footprint

Most solar panels are currently made in China so you have to wonder about the carbon footprint of transporting them across the world and installing them here? Questions have also been asked about the possible use of forced labour in their manufacture.

Developers will often build a big battery on site to store the energy before selling to the National Grid and [some experts](#) have raised concerns that battery fires would be hard to put out.

Better ways?

There are other sources of green energy that really do seem to be better suited to the UK.

The [Orkney tidal turbine](#), for instance, relies on something we have an endless and predictable supply of...the sea... and is producing some [encouraging results](#). If the government supported that to the same level they are subsidising solar power, it seems to me we might have a better and more sustainable way forward.

These are my own concerns and perhaps you might have another viewpoint.

If so, why not write an article for the next Chalgrave News and we can take the debate forward.

Frances Masters



EATING ON A BUDGET

These are certainly tricky times for many, with energy bills, petrol bills and food bills all soaring.



Here's a weekly meal plan for 4 people that might be useful.

It comes in at just over £29.00 based on current Tesco prices.

Do let us know if you have your own budget recipes or tips for economising.

SHOPPING LIST

600g peppers £1.20
900g peas 55p
Cantaloupe melon £1.50
clubcard price
Pineapple 95p
800g pears 87p
1 tin tomatoes 28p
1kg onions 55p
1.5kg carrots 60p
1 lemon 30p

1kg rice £1.35
2.5kg potatoes £1.25
500g spaghetti 28p
3 x loaves bread £1.17

500g bacon 85p
2kg chicken £2.62
500g minced beef £1.79
2 x tins beans 54p
500g red lentils £1.35

12 pints milk £4.70

1l vegetable oil £1.75
Margarine 89p
4 x garlic 89p
340g Honey 75p
454g strawberry jam 39p
150ml dark soy sauce 65p
Gravy granules 32p
1kg porridge 70p

Breakfast - all breakfasts served with sliced melon/pear/ pineapple (reserving about 100g for stir-fry)

4 x Porridge with milk/ honey/jam
800g porridge
3.2l milk
x Jam toast
24 slices bread
180g Margarine
180g jam



Lunches

1 x beans on toast
2 tins beans
8 slices bread
Margarine

3 x lentil and bacon soup and toast

200g onions
200g bacon
Garlic
300g lentils
Gravy granules
24 slices bread
Margarine

1 x Vegetable fried rice

100g peppers
50g peas
100g carrots
250g rice
Garlic
Oil
Soy sauce

2 x Hearty vegetable soup with bacon bits and toast

150g peas
50g onions 190g carrots
300g potatoes
100g red lentils
Garlic Gravy granules
80g bacon
16 slices bread

EATING ON A BUDGET

Dinners

Lemon and garlic chicken

traybake:

500g chicken
150g onions
600g potatoes
250g carrots
1 lemon
Garlic
Oil
Honey

Spaghetti Bolognese:

150g onions
Garlic
250g minced beef
200g carrots
1 tin tomatoes
500g spaghetti

Chinese chicken with stir fried veg and rice:

500g chicken
Garlic
Soy sauce
Honey
Oil
50g onion
200g peppers
150g peas
100g carrots
100g pineapple
250g rice

Roast chicken and potatoes with veg and gravy:

500g chicken
800g potatoes
Oil
250g carrots
150g peas
Gravy powder

Bacon pea and pepper risotto:

170g bacon
150g onions
Garlic
Oil
150g Peas
200g peppers
250g rice

Fried chicken with vegetable pilaf:

500g chicken
Oil
50g onion
100g peppers
100g peas
200g carrots
Garlic
Gravy granules
250g rice

Cottage pie with peas:

150g onions
250g minced beef
100g lentils
300g carrots
800g potatoes
Margarine
Gravy powder
200g peas



Recipe Corner— Devonshire cream splits

A Devonshire cream split will have a slit in the top, whereas a Cornish one will be split at the side funny, eh? As I now live in lovely Devon, I will go along with the Devon version. Yes its Chris McDonagh AKA Cider Lil (resided in Tebworth for many years) giving you a New Years taste of Devon I hope you enjoy.

Ingredients:

500g strong white bread flour
2 tsp salt
40g caster sugar
2x7g sachet instant yeast
40g unsalted softened diced butter
150 ml milk
150ml water

Filling:

200ml double cream
100g strawberry jam
icing sugar to dust



Heat the oven to 220°C/FAN210° /GAS7.

Method: Put the flour in a large bowl. Add the salt and sugar on one side, the yeast on the other. Add the butter, milk and $\frac{1}{4}$ of the water, then turn the mixture round with the fingers of one hand. Add the remaining water a little at a time, mixing until you have taken in all the flour and the dough is soft and slightly sticky. You might not need all the water.

Recipe Corner— Devonshire cream splits

Oil the worktop to prevent sticking. Knead the dough on it for at least five minutes until smooth and no longer sticky. Lightly oil the bowl, return the dough to it and cover with clingfilm. Leave to rise for at least an hour, until doubled in size.

Line two baking trays with baking parchment. Scrape the dough out of the bowl onto a lightly floured surface and fold inwards repeatedly until all the air has been knocked out and the dough is smooth. Divide into 12 pieces.

Roll each piece into a ball by placing it into a cage formed by your hand on the work surface and moving your hand in a circular motion, rotating the ball rapidly.

Put the balls of dough on the prepared baking trays, placing them slightly apart. Place each tray in a clean plastic bag or loosely cover with clingfilm and leave to prove for about 40 minutes until the rolls have doubled in size.

Bake for 10-12 minutes, until the rolls are golden and sound hollow when tapped underneath. Place on a wire rack to cool.

Put a spoonful of jam in each roll and spread it up both halves inside. Whip the cream and dollop a large spoonful into each split. Add a blob of jam on the top and finally dust with icing sugar! **Enjoy!**



Chalgrave Memorial Hall

Fees and Charges effective from 1st January 2019

Period	Parish Resident Individual and Parish Voluntary Community Groups	**Non-Parish Resident or Parish Commercial	**Non-Parish Organisation/ Commercial
MONDAY TO FRIDAY			
9am – 6pm	£9.00 per hour	£18.00 per hour	£21.00 per hour
6pm – 11pm*	£10.50 per hour	£21.00 per hour	£28.50 per hour
FRIDAY			
6pm – 12 midnight*	£130	£260	£295
SATURDAY			
9am – 6pm	£11.50 per hour	£23.00 per hour	£26.50 per hour
6pm – 12 midnight*	£145	£290	£370
12.30pm – 12 midnight*	£185	£370	£425
SUNDAY			
10am – 10pm*	£11.50 per hour	£23.00 per hour	£29.00 per hour
'WEEKEND RATE'			
(Friday 6pm to Sunday 12 noon) NB Hall must be vacated at 11pm Friday and 12 midnight Saturday	£305	£610	£720

- Bank Holidays/New Year's Eve – Rates on application
- Committee Room available for hire separately when Hall not hired – Rates on application
- **Block/Regular booking discount of up to 15% available
- Bookings outside above hours subject to individual rates on application.
- Non-refundable deposit of 50% of the booking fee payable to confirm booking.
- £300 damage deposit required on all bookings – refundable in full subject to no damage caused to Hall, contents, equipment or grounds and the Hall and grounds being left in a clean and tidy state.
NB: should the cost of reparation to the Hall contents or equipment the Committee reserve the right

Enquiries—Bookings 07831 482556 Information—Roger Masters 01525 873039

FOR BOOKINGS PLEASE TELEPHONE: 07831 482556

USEFUL CONTACTS

Parish Council			www.chalgrave.org
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Speedwatch	Phil Parry	07831 605600	phil.parry@chalgrave-pc.gov.uk
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Warden			
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Schools			
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Middle	Parkfields	872555	schooladmin@parkfield.cbeds.co.uk
Upper	Harlington	755100	enquiries@harlington.org
Doctor	Medical Centre	872222	www.toddingtondoctors.co.uk/
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Police		101	
Helping Hands		07882 988270	
Public Houses			
The Plough	Aidan	873077	
Clubs			
Rotary Club	Chris Osborn	873920	
Sports Club	Phil Parry	07831 605600	www.chalgravesportsclub.co.uk
Tennis Club	Roger Fenwick	07814 598309	
Chalgrave WI	Debbie Parry	07770 543797	Debbie.helen.parry@outlook.com
Brownies/Guides	Dee Curtis	872649	
Rainbow	Dee Curtis	872649	
Cubs /Scouts	Karen Calder	873065	

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